

LAPAROSCOPY POST OPERATIVE CARE

You have just had a Laparoscopy; the procedure has gone very well however please remember that you have just had an operation and you will need some time to recover from this.

IMPORTANT POINTS

What to expect after surgery:

- There may be aches in your shoulders and chest from the carbon dioxide that was used to inflate your abdomen however please expect this discomfort; it represents NO danger and the pain should disappear within a few days. Try different positions when you sit or lie down to find the one most comfortable for you. You can take Panadol or Ponstan (over the counter pain killers) for the pain if required.
- You may have a sore throat for 24 hours or so because of the airway tube placed in your windpipe during the anaesthesia.

Activity

- Please do not drive on the day of the procedure.
- Recovery time varies a great deal; some women feel like going back to work after a few days however others prefer to wait a bit longer. In general, you should be back to normal within 7-14 days.

FOLLOW-UP

- You will have sutures in your tummy to close the wound and a dressing. You can remove the dressing after 5-7days. If you see any knots they will fall off as these are dissolvable.
- A post-operative appointment is required 2 to 4 weeks after your operation; please phone our surgery on 0411 069 750 to book. At this appointment I will go through the operation findings and discuss further management with you. Pictures of your operation may also be available to view.

WARNING

If you get any of the following symptoms, please contact me or your GP immediately OR go straight to the Emergency Department of your local Hospital and ask the doctor to contact me on 0411 069 750.

- Persistent and severe tummy pains that are not getting better with Panadol
- Severe nausea and vomiting
- Persistent fever (temperature above 38 degrees).
- Severe vaginal bleeding